

Thank you for booking with us. We are looking forward to having you on our Challenge Course. Below is a checklist that will help prepare you for your time with us.

- Get the RWC your final number within one week prior to your scheduled program.
- 2. Return signed contract with payment to the RWC before the program date.
- 3. Make copies of liability waiver / medical information form for all participants to complete and sign.
- 4. Turn in waiver/medical form the day of the program. Forms should be **front and** back and filled out in blue or black ink pens. **No pencil.**
- 5. Inform all participants about what to bring and what not to bring.
- 6. Call if there are any further questions.
- 7. Make sure all participants eat breakfast and **drink plenty of water** before coming to the course
- 8. Review Challenge Course policy and procedures.
- We will meet you at the Barbara Ying Center (building 71 on UCF Parking Map)
 minutes before your designated program time.
- 10. Inform Challenge Course staff if you will be bringing food, and/or drinks.

Your cooperation with our mission is critical to this group program being a success.

Our mission is to encourage personal growth, enhance social interaction skills, and cultivate leaders through engaging and challenging outdoor adventure pursuits.