

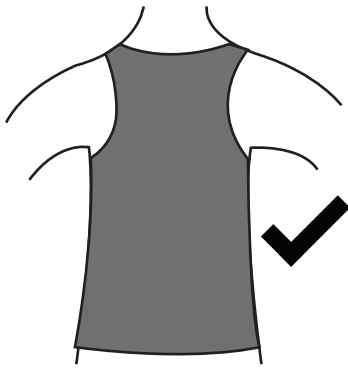


UCF RECREATION AND WELLNESS CENTER

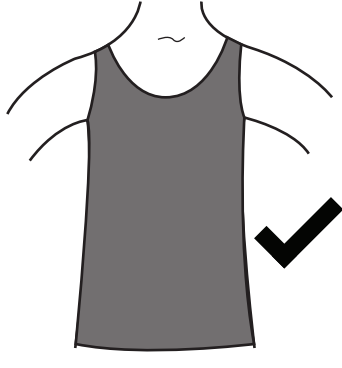
Appropriate Athletic Attire Policy

This document is intended as a helpful guideline for RWC users regarding examples of appropriate fitness attire. These illustrations are approximate. Users are encouraged to check with RWC staff with any questions.

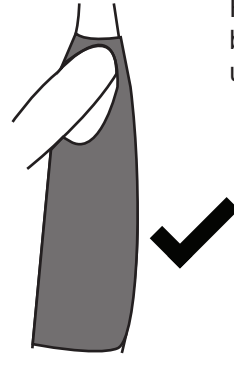
Shirts or tank tops must be worn at all times. Shirts or tank tops must cover the...



Lower Back

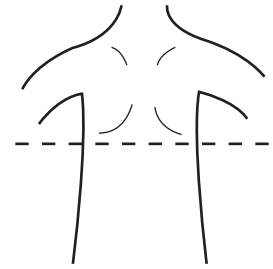


front



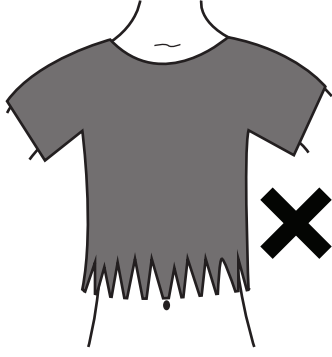
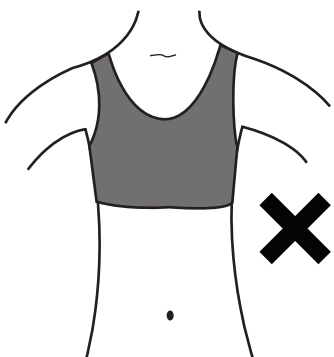
and sides of the torso

For the purposes of this policy the lower back is the area below a horizontal line under the shoulder blades.

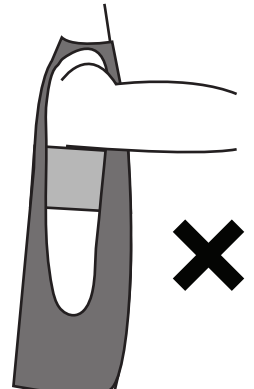
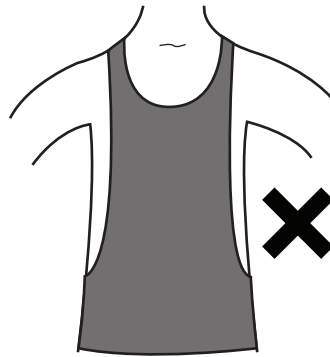


Shirts that are manufactured or altered to expose the abdominal area or ribcage are not considered appropriate.

Abdominal area



Ribcage



Other examples

