SUMMER A
GROUP EXERCISE SCHEDULE
EFFECTIVE: 5.31.21 - 6.25.21

**MONDAY**
- 9:00am YOGA
  - Gabi
- 12:00pm BARRE
  - Michelle
- 8:00pm F45 BOOTCAMP
  - Ashley & Macy

**TUESDAY**
- 8:00am GARAGE B BOOTCAMP
  - Gabriel
- 10:00am ZUMBA
  - RJ
- 12:00pm F45 LIVE
  - Arman & Terrell
- 12:00pm BARRE
  - Michelle

**WEDNESDAY**
- 9:00am YOGA
  - Kyra
- 12:00pm YOGA
  - RWC @ DOWNTOWN
  - Mari
- 4:00pm YOGA NIDRA
  - Gabi

**THURSDAY**
- 8:00am F45 LIVE
  - Michelle & Vicente
- 7:00pm YOGA
  - Danielle
- 8:00pm YOGA NIDRA
  - Gabi

**FRIDAY**
- 9:00am POWER YOGA
  - Gabriel
- 12:00pm YOGA
  - Hannah
- 4:00pm HIP HOP CARDIO
  - Stacey

**SUNDAY**
- 7:00pm SUNSET YOGA
  - Danielle

*CLASSES RANGE FROM 30 - 55 MINUTES
Register for all classes at rec.ucf.edu