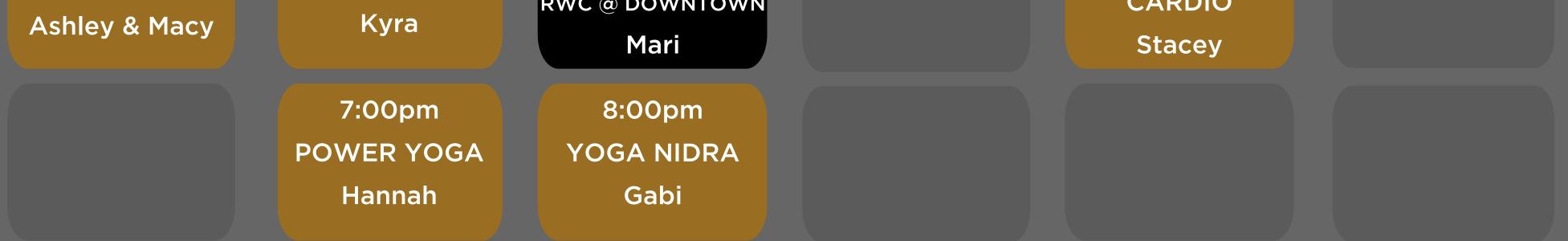
SUMMER A GROUP EXERCISE SCHEDULE EFFECTIVE: 5.31.21 - 6.25.21

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SUNDAY |
|------------------------------|---|--|---|---------------------------------|-----------------------------------|
| 9:00am YOGA Gabi | 8:00am GARAGE B BOOTCAMP Gabriel | 9:00am BARRE Michelle | 8:00am *STADIUM RUN Michelle & Vicente | 9:00am POWER YOGA Gabriel | 7:00pm SUNSET YOGA Danielle |
| 12:00pm BARRE Michelle | 10:00am ZUMBA RJ | 12:00pm F45 LIVE Arman & Terrell | 7:00pm YOGA Danielle | 12:00pm YOGA Hannah | |
| 8:00pm F45 BOOTCAMP | 12:00pm YOGA | 4:00pm YOGA RWC @ DOWNTOWN | | 4:00pm HIP HOP CARDIO | |



*CLASSES RANGE FROM 30 - 55 MINUTES

Register for all classes at rec.ucf.edu





Recreation and Wellness Center

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Division of Student Development and Enrollment Services