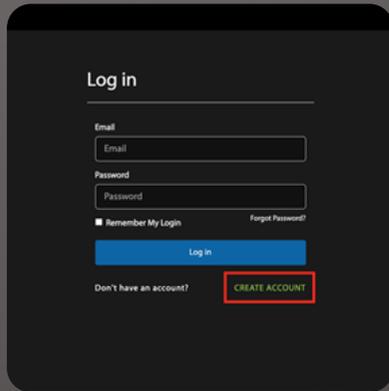
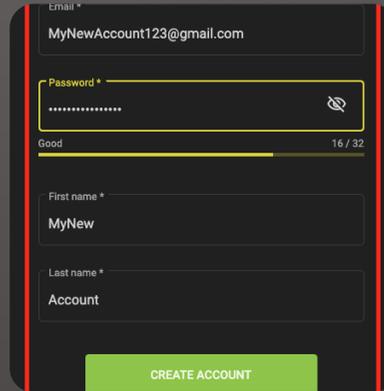


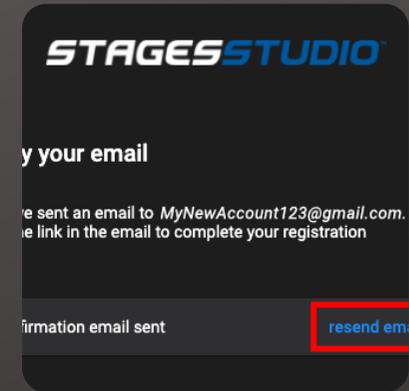
START



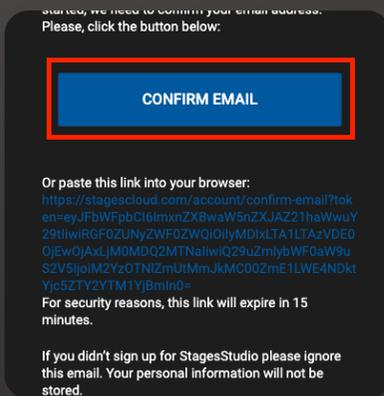
Go to StagesCloud.com. We recommend using the Chrome browser to access StagesStudio. Click on CREATE ACCOUNT.



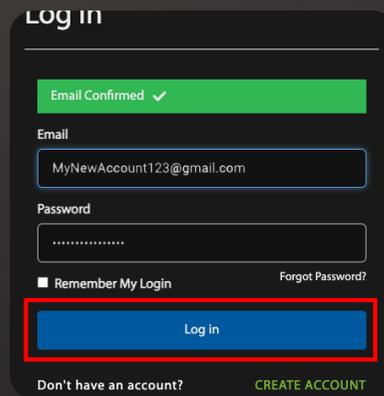
Enter your email address, password, and first and last name. If you have a StagesFlight.com account, use the same email address and password when creating your StagesStudio account; this allows you to import your data from StagesFlight after creating your account. Click on CREATE ACCOUNT.



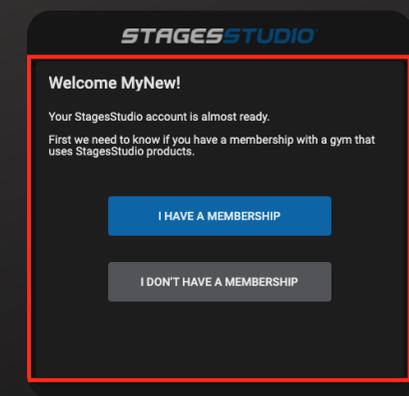
To continue creating your account, StagesStudio needs to verify your email. Check your inbox and spam folder for an email from StagesStudio. Click on the RESEND EMAIL button if you don't receive an email.



Click on the CONFIRM EMAIL button in the email from StageStudio.



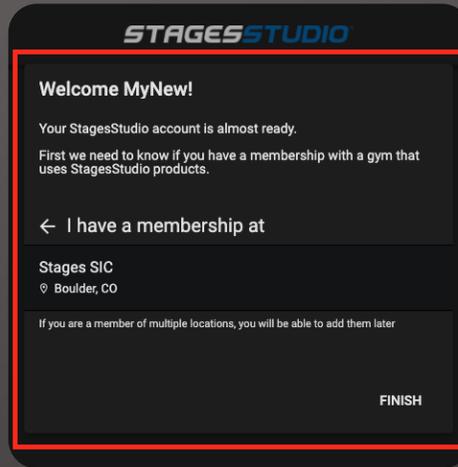
A new LOG IN screen will open, confirming your email. Enter your email and password, then click LOG IN.



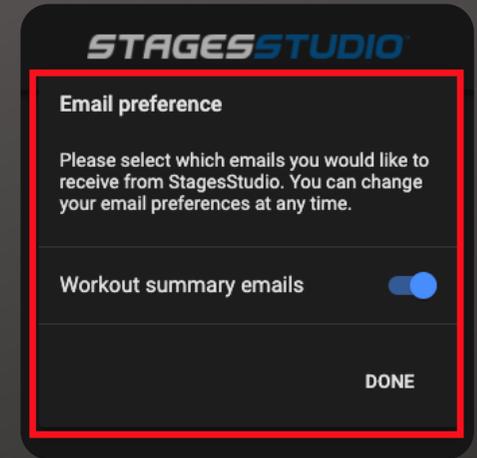
Choose I HAVE A MEMBERSHIP.



Enter RWC @ Downtown. When our location appears on the screen, select it.



If the location is correct, choose FINISH. If the location is incorrect, choose I HAVE A MEMBERSHIP AT to select the correct location.



Choose whether you want to receive workout summary emails: toggle on(blue) or off(gray). Click on DONE.

If the location is correct, choose FINISH. If the location is incorrect, choose I HAVE A MEMBERSHIP AT to select the correct location.

Happy cycling!